

<u>Time</u>	<u>Event</u>	<u>Athlete(s)</u>	<u>Warm-up</u>
<b>1:15</b>	<b>Girls 1600 Heat 1</b>	<b>Wing Yiu Cheung, Caroline Nolan &amp; Jeraldine Sibal</b>	<b>12:25</b>
1:22	2		
1:30	3		
1:37	4		
<b>1:45</b>	<b>5</b>	<b>Jillian Colwell, Ariel Graykowski &amp; Jenna LeQuin</b>	<b>12:55</b>
1:52	6		
<b>2:00</b>	<b>Boys 1600 Heat 1</b>	<b>Wesley Cheung, Rithvik Reddy &amp; Taif Rizvi</b>	<b>1:10</b>
<b>2:07</b>	<b>2</b>	<b>Andrew Europa, Ryandeep Johal &amp; Manpreet Natt</b>	<b>1:17 or Girls 1600 Heat 1</b>
<b>2:14</b>	<b>3</b>	<b>Thomas Lee, Paulo Nacionales &amp; Jonathan Woo</b>	<b>1:24 of Girls 1600 Heat 2</b>
2:21	4		
<b>2:28</b>	<b>5</b>	<b>Garrett Garcia &amp; John Henry</b>	<b>1:38 or Girls 1600 Heat 4</b>
2:36	6		
2:43	7		
<b>2:50</b>	<b>8</b>	<b>Nathaniel Hale</b>	<b>2:00 or Boys 1600 Heat 1</b>
2:57	9		
3:04	10		
3:12	11		
3:19	12		
<b>3:26</b>	<b>13</b>	<b>Alex Nolan</b>	<b>2:36 or Boys 1600 Heat 6</b>
3:33	14		
3:40	15		
3:48	16		
3:55	Girls 800 Heat 1		
3:59	2		
4:03	3		
4:08	4		
4:12	5		
4:17	6		
4:21	7		
4:25	8		
4:30	9		
4:35	Boys 800 Heat 1		
4:38	2		
4:42	3		
<b>4:46</b>	<b>4</b>	<b>Lam Dang</b>	<b>3:56 or Girls 800 Heat 1</b>
<b>4:50</b>	<b>5</b>	<b>Patrick Wallace</b>	<b>4:00 or Girls 800 Heat 2</b>
4:54	6		
4:58	7		
<b>5:02</b>	<b>8</b>	<b>Robert Durst</b>	<b>4:12 or Girls 800 Heat 5</b>
<b>5:06</b>	<b>9</b>	<b>Mitch Kless</b>	<b>4:36 or Boys 800 Heat 1</b>
5:10	10		
5:14	11		
5:17	12		
5:21	13		
<b>5:25</b>	<b>14</b>	<b>Jordan Nguyen</b>	<b>4:35 or Boys 800 Heat 1</b>
5:29	15		
<b>5:33</b>	<b>16</b>	<b>Kenneth Ainslie</b>	<b>4:43 or Boys 800 Heat 3</b>
5:37	17		
5:41	18		
5:45	19		
5:50	Girls 3200 Heat 1		

<b>6:07</b>	<b>2</b>	<b>Shelby Nickles</b>	<b>5:17 or Boys 800 Heat 12</b>
<b>6:25</b>	<b>Boys 3200 Heat 1</b>	<b>Zachary Warzyniak</b>	<b>5:35 or Boys 800 Heat 17</b>
<b>6:40</b>	<b>2</b>	<b>Ryan Durflinger, Justin Lu &amp; Michael Reinemann</b>	<b>5:50 or Girls 3200 Heat 1</b>
6:55	3		
<b>7:10</b>	<b>4</b>	<b>Matthew Sy</b>	<b>6:20 or Boys 3200 Heat 1</b>
<b>7:25</b>	<b>5</b>	<b>Justin Pryor</b>	<b>6:35 or Boys 3200 Heat 2</b>
7:40	6		
7:55	7		
8:10	8		
<b>8:25</b>	<b>Girls Distance Medley</b>	<b>Jillian Colwell, Jenna Lequin, Shelby Nickles &amp; Jaime Rompel</b>	<b>7:55 or Boys 3200 Heat 7</b>
<b>8:45</b>	<b>Boys Distance Medley</b>	<b>Ed Achziger, Kenneth Ainslie, Thane Hale &amp; Justin Pryor</b>	<b>8:15 or Boys 3200 Heat 8</b>