

CA Winter Championships

SIGN-UP SHEET

Relays

*Reminder - Teams shall consist of athletes from only one high school - ***NO All-Star Teams***

TEAM NAME:

HIGH SCHOOL:

EMAIL (pick 1 athlete):

PHONE (pick 1 athlete):

BOY or GIRL (Circle one)

RELAY	DMR 12-4-8-16	SMR 1-1-2-4	4x800	4x200
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MARK:

ATHLETES NAMES

GRADE

	SR	JR	SO	FR
	SR	JR	SO	FR
	SR	JR	SO	FR
	SR	JR	SO	FR

*Reminder - Athletes must compete for the high school they attend - ***NO All-Star Teams***