

***Team Rules***

- **Practice & Competition Attendance:** Each athlete is expected to attend all practices. Every effort must be made to schedule time so that there are no conflicts with the track & field team.
- **Punctuality:** Each athlete is expected to arrive to practice and competitions on time and ready to participate.
- **Practice Apparel:** Each athlete is required to wear the proper attire for their event practice and will be determined by their event coaches.
- **Conduct:** Each athlete is responsible for exemplary conduct. Support your teammates, make a positive contribution to the sport, and act responsibly in every situation. Problems must be handled in a mature and rational manner. Communication with your coach is essential. If an athlete is unable to live up to these standards, they will be dropped from the team. Additionally, under no circumstances are athletes or parents allowed to dispute rulings with meet officials. Athletes and parents must maintain their composure and let their coach deal with the situation. Failure to follow this protocol is grounds for disqualification from competition and suspension from the team.

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Athlete Name (printed)

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Athlete Signature

Date

***Parent/Guardian Consent & Liability***

Throughout the track and field season, the Dublin Celtics Track & Field Club (DCTFC) participates in a number of meets in the state of California and potentially nationally. Recognizing that each meet is an integral part to each athlete's development, I authorize my child, \_\_\_\_\_, to participate in upcoming meets and events. I also relieve and hold harmless DCTFC from and against any and all liability or claims arising from injury or damage suffered or incurred by my child as a result of acts, omissions, or conduct of any person, other than the negligence of DCTFC. I further agree to assume the responsibility of seeing that my child cooperates and conforms to the fullest extent with the team's directions and instruction of those in charge.

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Parent/Guardian Name (printed)

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Parent/Guardian Signature

Date